



TOWN OF REIDVILLE

Community Newsletter

March 2018

Members of Council

Mayor: Roger Barrett
Deputy Mayor: David Reid
Councilors:
Clifford Reid
Russell Reid
Gerald Rumbolt

Staff:

Town Clerk/Manager:
Connie Reid

Assistant Town Clerk:
Lisa Pearce

Maintenance/Animal Control
Officer: Wayne Stuckless

Part time Maintenance:
Jason Reid

E-mail:
townofreidville@nf.aibn.com
Phone: 709-635-5232
Fax: 709-635-4498

Web Page:
http://reidville-nl.ca

Web Master: Cliff Reid



Reidville Volunteer Fire Department

Bruce Curlew, Fire Chief
Roy Pittman, Asst. Chief
Alvin Fudge, Secretary
Kerry Anstey, Treasurer
Paul Reid
Eric Reid
Owen Pittman
Jason Jones
Dean Pittman
Sean O'Brien
Rick Burden
Jacob O'Brien
Sam Butt
Calvin Hiscock
Stephen Fudge
Jason Stagg

ARREARS

Please be advised that arrears notifications for any accounts that have not already been taken care of and still owe monies up to and including 2017 will be sent out by the end of March. Actions listed on the arrears (water shutoff, wage garnish, rent garnish, collections) will be taken in April and we have no choice but to be firm. Please make arrangements to pay these outstanding balances before that time. Thank you in advance!!!

RECREATION EVENTS

Knitting Circle – This program is held on Monday afternoons from 1:30-3:30pm. Come along and bring your knitting and a friend or two!!

Bowling: This program is held on Tuesday afternoons from 1:30-2:30 pm at the Hodder Memorial Complex.

50+ NEWS

Aquafit: This program is offered Wednesday and Friday mornings at the Deer Lake Recreation Facility and will be paid for any residents of Reidville who register with the town office.

Yoga: This program is held on Thursday evenings from 6:45-7:45pm.

PLEASE NOTE: Some of the 50+ events are available for all residents over the age of 16 unless otherwise stated. Thanks!

Autism Awareness “Light It Up Blue”

Light It Up Blue takes place on April 02, 2018, which is the same day World Autism Awareness Day (WAAD) is observed. Light It Up Blue is a campaign dedicated to raising awareness of autism and was launched in 2010 by Autism Speaks. This initiative is intended to raise international awareness about autism.

HAPPY EASTER!!!!

The Town of Reidville council and staff would like to wish all residents a very Happy Easter! The Town Office will be closed on Friday, March 30th in recognition of Good Friday

STREETLIGHT

If you notice a streetlight out/flickering in your area you can report it to Newfoundland Power by logging into the www.newfoundlandpower.com website and click on the link “Report a Streetlight Out”. If this is not an option please call the town office.

CEDAAI

The follow-up session of the Community Economic Development Assessment and Action Initiative (CEDAAI) that was held on November 1st will be held on Tuesday, March 20th from 9-10:30 am at the community hall. A joint session for Reidville and Deer Lake participants will be held that evening from 7-8 pm in Deer Lake. We would like to invite the residents that attended the first session as well as anyone else that may be interested in this initiative. If you have any questions please call the town office. A report from the first session has been completed and a link can be found on our Town of Reidville Facebook page if any resident would like to view.

VOLUNTEER APPRECIATION



Volunteer Appreciation Week is being honored in the province from April 15th to the 21st. This year marks 40 years of celebrating volunteers in Newfoundland and Labrador. A special thank you goes out to any resident in the town who has volunteered in any way! The Town will be honoring the major volunteers at a volunteer appreciation dinner at the Reidville Community Hall on Friday, April 20th beginning around 6:30 pm. Invitations have been sent out, please RSVP by March 15th to enable us to have enough time to prepare! Thanks!!

SPECIAL EVENTS

Birthdays:

Date	Name	Age
Mar 14	George Bradley	72
Mar 16	Tracey Cross	?
Mar 18	Terri Janes	36
Mar 22	Wayne Lodge	65
Mar 26	Laura Reid	14
Apr 3	April Elms	?
Apr 6	Willie Reid	70

Anniversaries:

Date	Name	Years
Mar 16	Tracey & Jim Cross	22
Mar 22	Marjorie & Gordon Oxford	52
Mar 29	Donna & Tony Rumbolt	38
Apr 9	Geraldine & Winston Janes	52

CHASE THE ACE!

Join the Reidville Volunteer Fire Department at Chase the Ace Lottery which began Sunday, February 18th at the Community Center

The money raised from the Lottery will be used to raise money for the new fire truck!

Tickets will be sold weekly at the Community Hall from 7:00 pm to 8:00 PM with a ticket draw at 8:15PM. Tickets are \$2 each, 3 for \$5 or 7 for \$10 and can only be purchased at the event on Sunday nights. The Consolation Prize will be given away each Sunday. The Jackpot is now over \$3000.00. The Jackpot will grow each week until the Ace of Spades is drawn.

Ticket sales are to persons 19 years of age or older.

HEALTH TIPS

Six health tips

The context in which an individual lives is of great importance on health status and quality of life. Health is maintained and improved not only through the advancement and application of health science, but also through the efforts and intelligent lifestyle choices of the individual and society. Here are some basic tips for maintaining a good health.

Exercise

You don't have to belong to a gym club. Thirty minutes walk every day will to prevent weight gain and encourage moderate weight loss.

Eat Healthy

Reduce fat intake, cut down on sugar and opt for fruits and vegetables. This helps reduce cholesterol and blood pressure.

Healthy food will also lead to better blood sugar control.

Reduce stress
Not everything we want we get. We have to accept that there are things that we cannot control. Managing time is also of great importance too. We must allow ourselves enough time to get things done. Set a time during the day for relaxation.

Improve sleep
Avoid caffeine, alcohol, nicotine, and other chemicals that interfere with sleep. Equip your bedroom with a comfortable mattress and pillows. Sleep in a dark clean and quiet environment.

Meditation
Meditation has been linked to a variety of health benefits. It has been linked to changes in metabolism, blood pressure, brain activation, and other bodily processes.

Positive thinking
People who think positively have an optimistic view of life that affects their health and well-being. Optimism has been shown to explain between 5–10% of the variation in the likelihood of developing some health conditions, notably including cardiovascular disease, stroke, depression, and cancer.

RENTAL

CHERRY WOOD COTTAGES INC.
Seniors Cottages Available for Rent on Old Rocky Brook Road
Call for Details
709-636-3992 

GARBAGE BOXES

Please be sure that you have your garbage box and a path (if required to get to the box) cleared of snow on garbage day. If it is not cleared your garbage will not be taken. It is too time consuming and difficult to be cleaning off the top of garbage boxes or trying to get through deep snow to collect garbage.

ROAMING DOGS

There have been some concerns brought to the office concerning roaming dogs. According to the town's bylaws a dog has to be on a leash or tethered at all times. Please be considerate of your neighbours.

SNOW CLEARING ISSUES

PLEASE BE ADVISED: It is illegal to dump snow onto a public roadway.

This notice is for those locals who push snow across a public roadway, which leads to narrowing of roads, the buildup of snow that can be dangerous to motorists, and a nuisance to other residents. The snow plow operator will note the address of the people who are doing this and a report will be made to the RCMP.

SOD/HAY FIELDS

The weather has been very strange so far this winter with little snow in a lot of areas. Local sod/hay farmers would like to ask the public to please be extremely careful when using snowmobiles and atvs on sod/hay fields. Please ride on the road or on the edges of the fields.

JOKE

A friend was in front of me coming out of church one day, and the preacher was standing at the door as he always is to shake hands. He grabbed my friend by the hand and pulled him aside. The Pastor said to him, "You need to join the Army of the Lord!" My friend replied, "I'm already in the Army of the Lord, Pastor." Pastor questioned, "How come I don't see you except at Christmas and Easter?" He whispered back, "I'm in the secret service."

YOUTH ACCOMPLISHES

Our youth are very important and their accomplishments are something to be celebrated! Residents enjoy hearing about the accomplishments of our youth. If you have anything to add to this section please call the town office or shoot off an email to the email address listed above!!

EMERGENCY NUMBERS

Doctor on Call.....1-800-261-0741
Fire Alarm.....635-5600
RCMP.....635-2173
Ambulance.....635-3020
NF Power.....1-800-474- 5711
Council Office.....635-5232
Fax: 635-4498