



**TOWN OF REIDVILLE**

**Community Newsletter**

**August 2014**

**Members of Council**

**Mayor: Roger Barrett**  
**Deputy Mayor: David Reid**  
**Councilors:**  
**Glenda Garnier**  
**Russell Reid**  
**Gerald Rumbolt**

**Staff:**

**Town Clerk/Manager:**  
**Connie Reid**

**Assistant Town Clerk:**  
**Nina Welsh**

**Maintenance/Animal Control**  
**Officer: Wayne Stuckless**

**Part-Time Maintenance:**  
**Jason Reid**

**E-mail:**  
**townofreidville@nf.aibn.com**  
**Phone: 709-635-5232**  
**Fax: 709-635-4498**

**Web Page:**  
**<http://reidville-nl.ca>**

**Web Master: Cliff Reid**



**Reidville Volunteer Fire Department**

**Bruce Curlew, Fire Chief**  
**Roy Pittman, Asst. Chief**  
**Alvin Fudge, Secretary**  
**Kerry Anstey, Treasurer**  
**Paul Reid**  
**Eric Reid**  
**Arthur Reid**  
**Owen Pittman**  
**Jason Jones**  
**Dean Pittman**  
**Sean O'Brien**  
**Rick Burden**  
**Jacob O'Brien**  
**Sam Butt**

**HVAHHE**

The Humber Valley Agricultural Home and Handicrafts Exhibition is the longest running agricultural fair in the region and brings visitors and exhibitors from near and far. The fair committee in conjunction with The Grand Lake Centre for Economic Development is currently attempting to secure land and establish a permanent fairground in the region.

Book next year's date in your calendar – **September 12-13, 2014**. We hope to see you there!

**FIRES!**

Dry season is upon us .... If you are having a campfire please be sure it is in a proper pit, that it is never left unattended and that it is out before you leave. A simple spark can cause a lot of damage!

**ATV/DIRTBIKES**

There have recently been complaints brought to the office concerning ATV/Dirt bike speed and dangerous use in the area. The Town Clerk has spoken to the RCMP concerning the issues. The RCMP has requested that if any resident has issues they should call the RCMP directly.

**RECREATION NEWS**

The town of Reidville along with the Recreation Director would like to Thank all the youth who came out to take part in the regular summer recreation program that ended on August 8, 2014. Also thanks to all the youth that took part in the basketball and soccer sessions that were offered.

For the youth that are signed up for the Kids Live Well Marathon the Finale will be held on Friday, August 15<sup>th</sup> beginning at 1 p.m. There will be games, snack and prizes! Please remember to bring your sign in sheets for a chance to win the grand prize. All youth are welcome to attend the finale.

The Kids and Seniors Live Well Kitchen will take place at 11:30-12:30 on Friday, August 15<sup>th</sup>. There will be one more session on Friday, August 22<sup>nd</sup> to complete this six week program.

The last golf session for the youth that were signed up will be on Wednesday, August 20.

**BARKING DOGS**

We are having a lot of complaints about dogs barking consistently all day and sometimes at night. We ask that you please keep them inside after 11 p.m and limit the time outside during the day if they are going to continue to bark. We have residents who work night shifts and have to sleep during the day so please be considerate of your neighbours. The RCMP has been notified and is advising residents to call them if a barking dog problem persists.

**STUDENT EMPLOYMENT**

This is the last week for the students that are employed with the town. We would like to wish them well and thank them for the work they have done. Best wishes in your upcoming school year.

**BACK TO SCHOOL**

It will soon be back to school time and safety has to be the top item on the timetable. Drivers are asked to be extra cautious however parents are asked to remind their children (including their teens) to please stand on the side of the road off the pavement while waiting for the school bus.

**PERMITS**

Commercial (per building)	\$200.00
New House:	\$100.00
House Extension:	\$50.00
Accessory Buildings:	\$25.00
General Repairs:	\$10.00

There is No Charge for a General Repairs permit for seniors. Most of these items will have to go to council for approval....please pick up your application or print it off the town website and submit it for the second Monday of the month. **Please Note:** All taxes for prior years must be paid in full before a permit will be issued.

**HORSES!!!!**

It is summer and a time for walking and enjoying nature. Council would like owners of horses to please pay extra care when walking their beautiful animals. Some residents have noticed horse droppings on the sides of the roads. Please clean up behind your animal to ensure our town remains a pleasant place to stroll. Thank you to the horse owners who have already been diligent in this matter.

## SPECIAL EVENTS

### Birthdays:

Date	Name	Age
Aug 13	Irene Curlew	65
Aug 15	Caleb Hoffe	8
Aug 15	Ashley Reid	20
Aug 15	Kerry Anstey	50
Aug 15	Bruce Curlew	58
Aug 15	Minetta Reid	67
Aug 16	Julie Elms	7
Aug 17	Bonnie Janes	47
Aug 18	Pauline Simms	46
Aug 19	Devon Janes	21
Aug 21	Eric Reid	68
Aug 22	Ethan Hoffe	10
Aug 24	Jerica Curlew	15
Aug 24	Jenica Curlew	15
Aug 24	Faye Janes	67
Aug 27	Madison Reid	10
Aug 29	Madison Major	11
Aug 29	Isaiah Simms	19
Aug 31	Emily Rideout	11
Sept 1	Terri-Lynn Nichols	?
Sept 2	Jody Janes	40
Sept 2	Juanita Reid	58
Sept 3	Annie Ford	83
Sept 5	Anne Reid	?
Sept 7	Daniel Eveleigh	?
Sept 9	Jason Stagg	36
Sept 10	Desmond Reid	?

### Anniversaries:

Date	Name	Years
Aug 15	Motie & Ben Young	33
Aug 17	Michelle & Perry Martin	18
Aug 18	Helen & Earl Reid	30
Aug 19	Darlene & Eric Pittman	14
Aug 19	Cindy & Wal Budgell	36
Aug 19	Jackie & Roger Barrett	47
Aug 20	Pauline & Lyndon Simms	26
Aug 20	Marlene & Bruce Curlew	?
Aug 27	Florence & Eugene Reid	56
Sept 1	Viola & Tom Reid	62
Sept 2	Rita & Gordon Matchim	48

## TAX COLLECTION

As of August 8<sup>th</sup> the town's collection rate for 2014 stands at 88.67%. Compared with the same time last year, the town's collection rate is up from 88.07%.

Council would like to sincerely thank residents who have been diligent with the payment of their account. If you are in the percentage that does not have all of your account paid in full – reminders have been sent out.

NOTE: All seniors (65 years of age or older - or turning 65 any time during 2014) are eligible for an additional 5% discount. **Please advise the office if you will reach**

**the age of 65 during the 2014 year so that your taxes can be adjusted to reflect the discount on your 2014 tax bill.**

## LABOR DAY!

The Reidville Council and Staff would like to wish everyone a Safe and Happy Labor Day!!

The true meaning of Labor Day is remembering those who have given their time, best efforts and worked hard in their lives for this blessed country. Happy Labor Day.

The town office will be closed on September 1<sup>st</sup> in observance of the Labor Day holiday. Sorry for any inconvenience this may cause.

## WRECKS/PROPERTIES

The town would like to advise residents that wrecked vehicles have to be tarped or removed. Council would like for residents to take pride in their property and to make a special effort to keep our town clean from such debris. Council is offering residents an opportunity to register their wrecks with the council office for free removal.

## SPEEDERS BEWARE!

Reminder for those speeding through town, we have a 50-km/hr speed zone. The RCMP is making more frequent visits and has issued a number of speeding tickets.

## JOKE

There were these two guys out hiking when they came upon an old, abandoned mine shaft. Curious about its depth they threw in a pebble and waited for the sound of it striking the bottom, but they heard nothing. They went and got a bigger rock, threw it in and waited. Still nothing. They searched the area for something larger and came upon a railroad tie. With great difficulty, the two men carried it to the opening and threw it in. While waiting for it to hit bottom, a goat suddenly darted between them and leapt into the hole!

The guys were still standing there with astonished looks upon their faces from the actions of the goat when a man walked up to them. He asked them if they had seen a goat anywhere in the area and they said that one had just jumped into the mine shaft in front of them! The man replied, "Oh no. That couldn't be my goat, mine was tied to a railroad tie."

## HEALTH TIPS FOR SUMMER

### 10 tips for women's health:

-Get enough sleep: Proper sleep is essential for optimal health, and it helps metabolize stress hormones better than any other known entity.

-Meditate for at least 3-12 minutes each day, to calm and soothe your mind.

-Exercise regularly. Ideally, aim for a comprehensive program that includes high intensity exercises and strength training along with core-building exercises and stretching.

-Breathe properly. When you breathe in and out fully through your nose, you activate your parasympathetic rest-and-restore nervous system, which expands the lower lobes of your lungs, and therefore engages the vagus nerves.

-Practice self love and unconditional acceptance.

-Optimize your vitamin D levels. Get your vitamin D level checked. Ideally, you'll want your levels within the therapeutic range of 50-70 ng/ml.

-Cultivate an active social life; enjoy some face-to-face time with likeminded people.

-Epsom salt baths (20 minutes, three times per week) are a simple, inexpensive way to get magnesium into your body.

-Keep a gratitude journal. Each night, before you go to bed, write down five things that you are grateful for or five things that brought you pleasure.

## EMERGENCY NUMBERS

Doctor on Call.....1-800-261-0741  
 Fire Alarm.....635-5600  
 RCMP.....635-2173  
 Ambulance.....635-3020  
 NF Power.....1-800-474- 5711  
 Council Office.....635-5232  
 Fax:..... 635-4498