



**TOWN OF REIDVILLE**

**Community Newsletter**

**January 2014**

**Members of Council**

**Mayor: Roger Barrett**  
**Deputy Mayor: David Reid**  
**Councilors:**  
**Glenda Garnier**  
**Russell Reid**  
**Gerald Rumbolt**

**Staff:**

**Town Clerk/Manager:**  
**Connie Reid**

**Assistant Town Clerk:**  
**Nina Welsh**

**Maintenance/Animal Control**  
**Officer: Wayne Stuckless**

**E-mail:**  
**townofreidville@nf.aibn.com**  
**Phone: 709-635-5232**  
**Fax: 709-635-4498**

**Web Page:**  
**<http://reidville-nl.ca>**

**Web Master: Cliff Reid**



**Reidville Volunteer Fire Department**

**Bruce Curlew, Fire Chief**  
**Roy Pittman, Asst. Chief**  
**Alvin Fudge, Secretary**  
**Kerry Anstey, Treasurer**  
**Paul Reid**  
**Eric Reid**  
**Arthur Reid**  
**Owen Pittman**  
**Jason Jones**  
**Dean Pittman**  
**Sean O'Brien**  
**Tim Curlew**  
**Rick Burden**  
**Jacob O'Brien**  
**Sam Butt**

**CHRISTMAS PARADE**

The Reidville Volunteer Fire Department's Annual Santa Claus Parade was a fun and successful event again this year. The Fire Department would like to thank everyone who participated and/or helped out in any way! The float's competition took place with the following winners being announced:

**1st Place:** "Santa Express" Shawn and Bonnie Janes

**2nd Place:** "Santa's Busy" Rikki Burden, Jack and Tyler Stagg

**3rd Place:** "Candy Land" Clarence and Karen Moss

Congratulations to our winners and to all that made this event a great success.

**BOXING NIGHT/NEW YEARS**

The Town of Reidville would like to thank everyone who attended the Boxing Night dance and/or the New Years Eve Ball. Both these events were a huge success!

**HYDRANTS**

We have noticed that some residents are removing snow from their driveways and pushing it too close to the fire hydrants. If anyone has a fire hydrant close to their home and would like to help keep it clean we would greatly appreciate it.

**SNOWCLEARING**

**PLEASE BE ADVISED: It is illegal to dump snow onto a public roadway.**

This notice is for those locals who push snow across a public roadway, which leads to narrowing of roads, the buildup of snow that can be dangerous to motorists, and a nuisance to other residents. A number of cases have been reported to the council office and further action will have to be taken if this continues.

**BIGGEST LOSER**

Due to the huge success of the "Biggest Loser Weight Group", there will be another 12 week challenge starting on January 17, 2014, at the community hall. If you have any questions or would like to put your name in for the next weight challenge or would like more information contact Terri Lynn Curlew via facebook or by calling 215-0086.

**COMPOSTING BINS**

The town has a chance to get the special price of \$21.99 plus HST on the compost bins from MMSB. We have to order a minimum of 25 to get this special price and the order has to be placed by Monday. If you would like to have one of these bins please call the town office by Friday, January 17, 2013. We need to have a preorder of at least half to order.

**COMMUNITY HALL EVENTS**

**It's a sliding party!!!** The town of Reidville will be having a sliding party for all ages on Friday, January 31, 2014 at 7:00 p.m. on the banks of the municipal beach. Anyone interested will have to sign a permission form before this event. (This event will be weather permitting) There will be hot chocolate and timbits to follow at the community hall. Hope to see everyone there!!!

**Knitting Circle** – This event will be held on Monday afternoon beginning on January 20, 2014, 1:30-3:30. Come along and bring your knitting and a friend or two!! Coffee, tea, hot chocolate etc. will be provided. There will also be tables set up with puzzles, cards, crib boards, etc. for those who want a change from knitting. Come on out and meet your neighbours!!!

**WALKING/KEEP FIT PROGRAM**

**Walking/Keep fit Program** which Includes exercises and walking space will take place at the community hall Mondays and Thursdays beginning January 20, 2014 from 7:00-9:00 pm. There will be no charge for this program and everyone is welcome. Don't forget your indoor sneakers.

**SPECIAL OCCASIONS**

*Birthdays:*

<i>Date</i>	<i>Name</i>	<i>Age</i>
Jan 20	Hailey Paige Matchim	1
Jan 20	Tammy Fudge	43
Jan 20	Beaton Nichols	75
Jan 22	Cliff Reid	62
Jan 23	Kirkland Anstey	13
Jan 28	Erin Easton	2
Jan 30	Maverick Butt	?
Feb 7	Morgan Reid	23
Feb 8	Andrew Osmond	54
Feb 9	Gracie Reid	1
Feb 9	Melanie Reid	?
Feb 10	Melvin Cross	?
Feb 10	Leonard Hiscock	83

*Anniversaries:*

<i>Date</i>	<i>Name</i>	<i>Years</i>
Jan 17	Minetta & Eric Reid	47

**COMMUNITY HALL INFORMATION**

Below you will find a list of events that the Recreation Director is trying to set up for the winter season. All of these events will depend on volunteers and residents interest....so please be sure to read the list and get involved!!!!

-Wellness: Looking for a volunteer or volunteers to restart a wellness group in the community. Please contact the office if you would be interested in volunteering or if you would like to take part in this group.

-Movie Night: Looking for a volunteer or volunteers to set up and chaperone a movie night for youth once or twice a month. Please contact the office if you are interested in volunteering.

-Sewing/Quilting: Looking for a volunteer or volunteers who are interesting in instructing other residents in either sewing or quilting. This would be a program that would take place once a week. Please contact the office if you are interested in volunteering to instruct or if you would be interested in learning one or both of these skills.

-Moms and Tots: Looking for a volunteer or volunteers who are interested in setting up this program. Also looking to collect toddler toys that anyone has around they are not using anymore. Please call if you are interested in

volunteering or if you would like to participate.

-Snowshoeing/Cross Country Skiing: Looking for a volunteer or volunteers that are interested in helping out with one or both of these events. These events would take place one or two afternoons a week followed with tea, coffee, hot chocolate etc. at the community hall. If you are interested please contact the town office.

-Zumba/Yoga: Looking for a volunteer or volunteers who will be interested in teaching classes once or twice a week. Please call the town office if you are interested in instructing or participating.

If anyone has any other ideas that they would like to see implemented, please call the town office.

**DISCOUNTS**

All taxes have been sent out in the mail. In order to receive the 5% discount available on your current year taxes, the invoice will have to be paid in full by January 31<sup>st</sup>. There is a smaller discount available for February. If your current year taxes are paid in full by February 28<sup>th</sup> you are entitled to a 3% discount. Any resident who turns 65 years of age in 2014 will be eligible for an additional 5% senior's discount.

**PHOTOS**

Any person that has taken pictures at any recent events such as the Christmas parade, fireman's ball, new years' ball etc. it would be appreciated if you could email them to the town office to put on our website.

townofreidville@nf.aibn.com

**JOKE**

The young man from Mississippi comes running into the store and says to his buddy, 'Bubba, somebody just stole your pickup truck from the parking lot!'

Bubba replies, 'Did you see who it was?' The young man answers, 'I

couldn't tell, but I got the license plate number.'

**HEALTH TIP**

**Think lifestyle change, not short-term diet.** Permanent weight loss is not something that a "quick-fix" diet can achieve. Instead, think about weight loss as a permanent lifestyle change—a commitment to your health for life. Various popular diets can help jumpstart your weight loss, but permanent changes in your lifestyle and food choices are what will work in the long run.

**Find a cheering section.** Social support means a lot. Programs like Jenny Craig and Weight Watchers use group support to impact weight loss and lifelong healthy eating. Seek out support—whether in the form of family, friends, or a support group—to get the encouragement you need.

**Slow and steady wins the race.** Aim to lose one to two pounds a week to ensure healthy weight loss. Losing weight too fast can take a toll on your mind and body, making you feel sluggish, drained, and sick. When you drop a lot of weight quickly, you're actually losing mostly water and muscle, rather than fat.

**Set goals to keep you motivated.** Short-term goals, like wanting to fit into a bikini for the summer, usually don't work as well as wanting to feel more confident or become healthier for your children's sakes. When frustration and temptation strike, concentrate on the many benefits you will reap from being healthier and leaner.

**Use tools that help you track your progress.** Keep a food journal and weigh yourself regularly, keeping track of each pound and inch you lose. By keeping track of your weight loss efforts, you'll see the results in black and white, which will help you stay motivated.

**EMERGENCY NUMBERS**

- Doctor on Call.....1-800-261-0741
- Fire Alarm.....635-5600
- RCMP.....635-2173
- Ambulance.....635-3020
- NF Power.....1-800-474- 5711
- Council Office.....635-5232
- Fax: ..... 635-4498